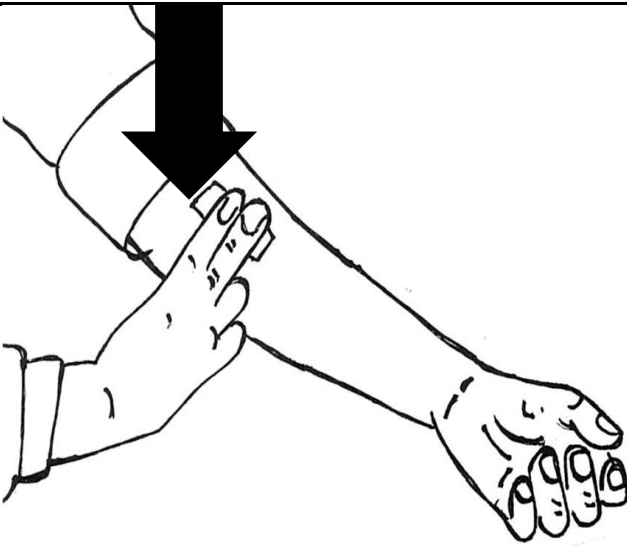


## POST PHLEBOTOMY PATIENT INSTRUCTIONS

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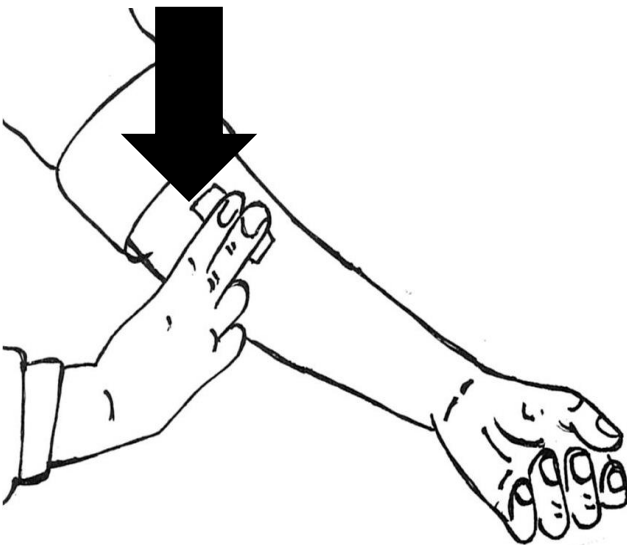
### To reduce the potential risks after blood collection:

- The staff member will apply or ask you to apply immediate pressure to puncture site.
- Once bandage is placed, leave on for at least 2 hours.
- Avoid all physical activity especially lifting heavy objects for at least 2 hours.

If you experience symptoms related to the risks of blood collection (bruising or bleeding from puncture site, minor discomfort, tingling of the arm and/or painful swelling), please contact your family physician.

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