

## **PATIENT INSTRUCTIONS**

### **STOOL COLLECTION**

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Your physician has ordered the test(s) checked or highlighted below. Please read these instructions thoroughly before you begin your collection. If you have any questions, please call one of the Banner Health Northern Colorado Outpatient facilities listed on the back of this page.

Place the doctors order in the transport or biohazard bag and write the following on each container's label:

1. NAME and DATE OF BIRTH: Last Name, First Name. Date of Birth: Month, Day, Year
2. DATE: Enter the date the specimen was collected. Month, Day, Year
3. TIME: Enter the time the specimen was collected. Include p.m. or a.m.

Samples for any of the following orders should be first collected into a clean, dry container to avoid contamination from urine and toilet paper.

**Stool Bacterial Pathogens** (stool culture or stool pathogens by PCR)

Collect stool sample and add to orange top vial (Para-Pak C&S). Add stool up to red line indicated on vial label (**Do not overfill**). Twist the cap on tight and shake container well.

Transport to lab within 2 hours. Store sample **refrigerated**.

**Stool Bacterial Pathogens** (GI PCR Panel Plus, UCH)

Collect stool sample and add to orange top vial (Para-Pak C&S). Add stool up to red line indicated on vial label (**Do not overfill**). Twist the cap on tight and shake container well. Transport to lab within 72 hours.

**C. difficile**

Collect stool sample in a clean dry container.

Transport to lab within 2 hours. Store sample **refrigerated**.

**WBCs** (If an Ova and Parasites is ordered do not collect this separately):

Collect stool sample in a clean dry container. Transport to lab (North Colorado Medical Center or McKee Medical Center) within 2 hours. Store sample **refrigerated**.

**Ova and Parasites:**

Collect stool sample and add to pink top vial (Para-Pak 10% formalin) **AND** gray top vial (Para-Pak Zn PVA fixative). Add stool up to red line indicated on vial label. Twist the cap on tight and shake containers well.

Transport to lab at **room temperature**. Stool specimens are limited to one stool specimen every 24 hours.

**Giardia/Cryptosporidia:**

Collect stool sample and add to pink top vial (Para-Pak 10% formalin). Add stool up to red line indicated on vial label. Twist cap on tight and shake container well.

Transport to lab at **room temperature**.

**Rotavirus:**

Collect stool sample in a clean dry container. At least 1 teaspoon of stool is required for testing.

Transport to lab within 2 hours. Store sample **refrigerated**.

**Occult Blood:**

Apply a small amount of fecal specimen to the occult blood card as a thin smear using an applicator stick in on sample area. Use the other end of the same stick to obtain a sample from a different part of the feces and apply to the other sample area of the card. Keep at **room temperature** and return card(s) to lab within 1-2 days. If three cards need to be collected, sample three different bowel movements.

**PATIENT INSTRUCTIONS: STOOL COLLECTION**

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<p><b>Greeley:</b> Horizon Laboratory at Summit View Med. Commons 2001 70th Avenue Greeley, CO 80634 (970) 810-2542</p> <p>Mon-Fri: 7:00 am-5 pm Saturday: 7:00 am-Noon</p>	<p><b>Loveland:</b> Horizon Laboratory at Skyline Center for Health 2555 E. 13th Street, Suite 115 Loveland, CO 80537 (970) 820-6914</p> <p>Mon-Fri: 7:00 am-5:00 pm Saturday: 7:00 am-Noon</p>	<p>McKee Medical Center Outpatient Laboratory 2000 Boise Ave Loveland, CO, 80538 (970) 820-4133</p> <p>Mon-Fri 7:00 am -6:00 pm</p>	<p><b>Windsor:</b> Horizon Laboratory at Banner Health Clinic-Windsor 1300 Main Street Windsor, CO 80550 (970) 810-3120</p> <p>Mon-Fri 7:30 am-4:30 pm (Closed: 12:30 pm – 1:30 pm)</p>
<p>North Colorado Medical Center Outpatient Laboratory 1801 16<sup>th</sup> St. Greeley, CO 80631 (970) 810-6410</p> <p>Mon-Fri 7:00 am -6:00 pm</p>	<p>Horizon Laboratory at Banner Health Clinic-Aspen 2923 Ginnala Drive Loveland, CO 80538 (970) 820-4739</p> <p>Mon-Fri: 7:30 am-4:30 pm (Closed 12:30 pm-1:30 pm)</p>	<p><b>Fort Collins:</b> Horizon Laboratory at Banner Health Center-Drake 702 W. Drake Road, Bldg A Ft. Collins, CO 80526 (970) 821-4696</p> <p>Mon-Fri: 7:30 am-4:30 pm (Closed 12:30 pm.-1:30 pm)</p>	<p><b>Sterling:</b> Horizon Laboratory at Banner Health Clinic-Sterling 102 Hayes Ave Sterling, CO 80751 (970) 526-5393</p> <p>Mon-Fri 7:00 am-4:00 pm (Closed 12:00 pm – 1:00 pm)</p>
	<p>Horizon Laboratory at Banner Health Center-SW 1230 SW 14th Street Loveland, CO 80537 (970) 820-3981</p> <p>Mon-Fri: 7:30 am-4:30 pm (Closed 12:30 pm-1:30 pm)</p>	<p>Horizon Laboratory at Banner Fort Collins Medical Center 4700 Lady Moon Drive Ft. Collins, CO 80528 (970) 821-4347</p> <p>Mon-Fri: 7:00 am-5:00 pm Saturday: 7:00 am-Noon</p>	