

Greeley:

**Horizon Laboratory at NCFM**  
1600 23<sup>rd</sup> Avenue  
Greeley, CO 80634  
PH: (970)820-6890  
Monday-Friday: 7:30 am-4:30 pm  
(Closed 12:30 pm-1:30 pm)

**Horizon Laboratory at Summit View Medical Commons**  
2001 70<sup>th</sup> Avenue  
Greely, CO 80634  
PH: (970)820-6890  
Monday-Friday: 7:00 am-5:00 pm  
Saturday: 7:00 am-Noon

Loveland:

**Horizon Lab at Skyline Center**  
2555 E. 13<sup>th</sup> Street, Suite 115  
Loveland, CO 80537  
PH: (970)820-6890  
Monday-Friday: 7:00 am-5:00 pm  
Saturdays: 7:00 a.m. - Noon

**Horizon Laboratory at Banner Health Clinic-Aspen**  
2923 Ginnala Drive  
Loveland, CO 80538  
PH: (970)820-6890  
Monday-Friday: 7:30 am-4:30 pm  
(Closed 12:30 pm-1:30 pm)

**Horizon Laboratory at Banner Health Center-SW Loveland**  
1230 SW 14<sup>th</sup> Street  
Loveland, CO 80537  
PH: (970)820-6890  
Monday-Friday: 7:30 am-4:30 pm  
(Closed 12:30 pm-1:30 pm)

Fort Collins:

**Horizon Laboratory at Banner Health Center-Fort Collins**  
702 W. Drake Road, Bldg. A  
Ft. Collins, CO 80526  
PH: (970)820-6890  
Monday-Friday: 7:30 am-4:30 pm  
(Closed 12:30 pm.-1:30 pm)

**Horizon Laboratory at Banner – Ft. Collins Medical Center**  
4700 Lady Moon Drive  
Ft. Collins, CO 80528  
PH: (970)820-6890 7 Days/Week  
6:00am-6:00pm

Sterling

**Horizon Laboratory at Banner Health Clinic-Sterling**  
102 Hayes Ave  
Sterling, CO 80751  
PH: (970)820-6890 Monday-Friday  
7:00 am-4:00 pm  
(Closed 12 pm – 1:00pm)

Windsor:

**Horizon Laboratory at Banner Health Clinic-Windsor**  
1300 Main Street  
Windsor, CO 80550  
PH: (970)820-6890  
Monday-Friday 7:30am-4:30pm  
(Closed 12:30 – 1:30 p.m.)

[www.HorizonLaboratory.com](http://www.HorizonLaboratory.com)

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### Planning for your Glucose Tolerance Test:

- NO APPOINTMENT is necessary
- The American Diabetes Association suggests that testing begin between 7 and 9 a.m.
- You can proceed to any one of the Horizon Outpatient Draw sites indicated above.
- Your physician will guide you on your diet or eating habits prior to the test.
- An 8-10 hour fast is required (except for gestational Screen); do not eat or drink anything except water.
- For your safety, we ask that you stay at the lab for the duration of the test.
  - 1-2 hours for Gestational Diabetes Screen
  - 3-4 hours for a 2 or 3 hour Glucose Tolerance Test
- Activity should be limited during the procedure.
- Blood specimens will be collected at exact one-hour interval(s).

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The oral glucose tolerance test has been used in many medical situations. It can be used in a patient whose fasting glucose level is normal, but the patient has symptoms of diabetes. Finally, all pregnant patients should have a screening test to check for gestational diabetes at 24 to 28 weeks of pregnancy. A following glucose tolerance test should be performed if the result of the screening test is abnormal. Any deviation to the testing could alter the results, including the timing and amount of activity during the testing timeframe. The gluco<sup>la</sup>® beverage is a regulated substance, and any patient who drinks the beverage must be observed in case of adverse reactions; although these are rare and usually suggests intolerance to the beverage itself.

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Further questions may be directed to your physician or to the laboratory staff.